

*Medicinal  
Plant  
Guide*



**Plants and your health**

## TESTIMONIALS

All over Canada, people are praising the effectiveness of our products.

For five years I have been ordering products from you. Would you please send me more order forms. Thanks.

L. Lupino (I.P.E.)

I went to the drugstore where they told me that your products were good. Unfortunately, the drugstore does not sell them. I am writing you to obtain two extra guide books for my girlfriends. I enclose my money order. Thanks.

Mrs. Robertson (Man.)

I have heard about your products and want to try them. A new customer.

Mrs. Charlene Duckett (Ont.)

Your guide book on medicinal herbs impressed me. Congratulations! Please send me an order form. Thanks.

Mrs. Jonathan Robick (B.C.)

Hello. Just a note to thank you for the fast delivery of my last order. I really appreciated it. Please repeat my order. Thank you again.

Bridget Miller

Your guide book is well done and your products are excellent. Please find my order enclosed.

Father Peter Winston (Ont.)

I have lost a lot of weight and I am very satisfied. Thank you again. Please send me a few copies of your guide book and your order form.

D. Pigeon

Your products are wonderful and your advice very useful. Thanks a million.

Doreen Cotter

I tried your products and they work. I am reordering.

L. Knight

Since I tried your products to improve sexual activity, we have never felt better. Thank you again.

John Britton (N.B.)

Your products are terrific and they make me feel better. I recommended them to my neighbors.

Andrea Tremblay

My girlfriend has told me how efficient your products are for losing weight. Please send me your guide book along with the order form.

Eileen Proust

I have been your customer for many years now. Your products have helped a lot. The health of my children and myself has truly improved.

Anna Vigora

As my friends are very satisfied, I am ordering...

Peter Scheiber (Ont.)

It is wonderful! I am reordering. Please find enclosed my cheque in the amount of \$143.00

Bernard Laramy

Your products are excellent. My constipation problems have literally vanished.

Alain Migeot (Quebec)

# PHYTOTHERAPY

Phytotherapy is a method of treating illness and ailments with medicinal plants.

While staying a cottage industry, phytotherapy is becoming again a drugstore, a natural drugstore; this drugstore found its strength thanks to the work of botanists, researchers and physicians who have demonstrated the therapeutic sometimes forgotten benefits of plants.

This rebirth is also the result of a reaction against the dangers of certain chemical drugs, which are more limited and less subtle than natural chemistry elaborated by the botanical world. We must not forget that aspirin, made from acetylsalicylic acid, was derived from the meadow queen, a plant which still has identical properties.

## CAPSULES OF MEDICINAL PLANTS

A faster, deeper and above all more effective way of administering is used for centuries by druggists and phytotherapy practitioners; it consists of plants in powder form, usually taken by the patients with honey.

The plant dried naturally is finely pulverized to 150 - 200 microns into a substance which contains all the active plant ingredients. This micronized powder is subsequently enclosed in a small gelatine capsule: the gelule. This gelule allows a safe preservation of the plant and guarantees a well-balanced dosage in hygienic conditions. It is easily absorbed even by children and it dissolves almost instantly in the stomach. This gelule simplifies the absorption of the plant powder without altering its active and natural ingredients.

## HELPFUL INSTRUCTIONS ON THE USE OF THIS SHORT MANUAL

A technical file of properties, indications as well as contra-indications has been established for each plant. These files are based on uses and researches made by Drs. Valnet, H. Lecler, Belaïche and on data from «L'officine de Dorvault», the «Pharmacopée Française», «Matière médicale» by R. Paris and H. Moysse. Consequently, «Ressources médicinales de la Flore française G. Garnier» is all in proper way in the medicinal plant tradition.

### Answers to some questions:

#### Usual dosage

The usual dosage for medicinal plant capsules is: 6 daily to be taken as follows: two in the morning before breakfast, two before lunch and two before supper.

#### Can one take several plants together?

Yes. In some cases, it is even important to take several plants at the same time because of their possible synergetic action, i.e. plants which tend to reinforce one another.

#### Certain plants have similar properties...

Superficially only. The specification sheet must be read carefully; you will see immediately differences which enable you to choose properly according to your particular case.

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## ANANAS

*Ananas Sativus*

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WEIGHT LOSS (absorbs fat), SEXUAL TONIC, REMINERALIZER, DETOXIFICATION, ARTHRITIS.

**Properties:**

Detoxification.  
Mild diuretic.  
Normal skin tonic.  
Fat digestive stimulant.  
Increases sexual possibilities.

**Indications:**

Weight loss.  
Obesity.  
Deminerlizer.  
Intoxication.  
Arteriosclerosis.  
Arthritis.  
Gout.  
Impotency.  
Some frigidities.  
Anemia  
Depression.

N.B. Pineapple powder contains vitamins A, B, C, iodine, magnesium, manganese, potassium, calcium, phosphorus, iron, sulphur, a yeast, and digestive ferment: Bromelin, which can digest one thousand times its own weight proteins in a few minutes! It is an excellent treatment for depressions. In a weight loss program, ANANAS is remarkable; tonic, detoxifying agent and remineralizer (it prevents the frequent «sinking feelings» that accompany weight loss).

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## ARTICHOKE

*Cynara Scolymus*

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TISSUE REGENERATION, HEPATISM, ATHEROSCLEROSIS, CHOLESTEROL.

**Properties:**

Bile secretion stimulant.  
Diuretic.  
Tonic.  
Tissue regeneration (helps prevent ageing).  
Counters cholesterol excess.

**Indications:**

Hepatic insufficiency jaundice.  
Hypercholesterolemia.  
Atherosclerosis (vertigo, ear ringing, migraines, numb fingers.)  
Obesity, arthritis.  
Uric acid excess.  
Gout.  
Urolithiasis.  
Osteoarthritis.

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## A-PLANTAIN

*Plantago Major*

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HEALING AGENT FOR WOUNDS AND BURNS, REGENERATOR FOR VEIN WALLS, SLIMMING AGENT (cellulitis), SLOUGH, LUPUS, VARICOSE ULCERS

### Properties:

Active saponin triterpenic principle including asiaticosin.  
Remarquable healing agent for wounds and even leprosy; cutaneous tuberculosis.  
Skin tuberculosis.  
Skin tissue regeneration.

### Indications:

Post-accident, wounds, scarring.  
Burns.  
Slough.  
Varicose ulcers, varices.  
Cellulitis, weight loss.  
Triglycerides (fatty blood cells).

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## BALM

*Melissa officinalis*

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MIGRAINES, NERVOUS DEPRESSION, ANXIETY, SPASMOPHILIA

### Properties:

Tonic effect on the brain.  
Tonic effect on the heart.  
Antispasmodic.  
Guarantees longevity.  
Physical and intellectual stimulant.  
Encourages menstrual regularity.  
Stomachic.

### Indications:

Migraines (due to digestive problems).  
Facial neuralgias.  
Emotivity, palpitations.  
Fainting, dizziness.  
Digestive and cardiac spasms.  
Nervous asthma.  
Memory stimulant.  
Vomiting during pregnancy.  
Nervous depression, melancholy.  
Ear ringing.

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## **BILBERRY**

*Vaccinium Myrtillus*

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**ATHEROSCLEROSIS, DIABETES, ANTICOLIBACILLOSIS, CYSTITIS, SIGHT DEFICIENCY, HYPERTENSION.**

### **Properties:**

Increases capillary resistance.  
Antidiabetic.  
Uric drainer.  
Anticolibacillary (one of the most powerful known at present).  
Increases visual acuity.

### **Indications:**

Atherosclerosis.  
Diabetes.  
Night vision and visual acuity deficiency.  
Colibacillosis, cystitis.  
Urea excess.  
Rosacea, capillary fragility.  
Cirrhosis.  
Vascular senescence.  
Arterial hypertension.  
Prevention of hemorrhoids due to anticoagulants.

N.B. The leaves are more potent than the fruit (Dr. Vainet).

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## **BIRCH**

*Betula Alba*

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**ELIMINATION OF UREA, URIC ACID AND CHLORIDES, DIURETIC, WATER RETENTION, RHEUMATIC GOUT, OBESITY, EDEMA, CHOLESTEROL, CELLULITIS.**

### **Properties:**

Diuretic, urea, uric acid and chloride elimination.  
Stimulant, Sudorific.  
Depurant.

### **Indications:**

Edema.  
Hypercholesterolemia.  
Gouty rheumatism.  
Uric acid excess.  
Renal stimulation.  
Obesity.  
Albuminuria.  
Hypertension problems.  
Some cellulites.  
Atherosclerosis.

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## BIRD'S-FOOT TREFOIL

*Lotus Corniculatus*

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INSOMNIA, ANXIETY, TACHYCARDIA, «THE CLAIRVOYANCE PLANT».

### Properties:

Nerve sedative.  
Mild diuretic.

### Indications:

Neurovegetative dystonia, insomnia.  
Anxiety, psychasthenia.  
Depression.  
Tachycardia.  
Spasmophilia in synergy with brewer's yeast.  
Stimulates consciousness levels.  
«Clairvoyance Plant» sophrology applications.

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## BREWER'S YEAST

*Saccharomyces Cerevisiae*

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STRESS, VITAMIN DEFICIENCY, INFECTIOUS DISEASES, ORGANIC DEFENSE TONIC, RESISTANCE, VITAMINS: B1, B2, B3, B4, B5, B6, B7, B9, BC, PP, H.BW, D2 L1, L2, GROWTH, DETOXIFICATION, BALDNESS.

### Properties:

Oft forgotten brewers' yeast has a synergic quality when used with various other plants (it reinforces their qualities). What's more, it's extremely rare vitamin content makes it irreplaceable. Containing 16 vitamins, brewers' yeast is one of the best hepatic cell regenerator and an efficient medicinal detoxifier. It encourages multiplication of red blood cells. It prevents graying and hair loss. Combined with anti-infectious plants for 15 day treatments, it will fight rickets.

### Indications:

Rickets, growth problems.  
Nervous breakdown, stress, spasmophilia. Physical training. Baldness, white hair. Liver regenerator, diabetes. Influenza, infectious states. Hepatism, digestion, intoxication, enteritis. Intestinal flora regeneration. Noxious intestinal bacteria destruction. Abscess, suppuration, dermatosis, psoriasis.

Excellent result with ginseng.

**Contraindications:** High level of uric acid. At high dose: testicular insufficiency.



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## CHRYSANTELLUM AMERICANUM

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CHOLESTEROL, HEPATIC AND VASCULAR AILMENTS, FAST CHOLESTEROL DRAINER, ARTERY AND VEIN TONIC, CIRRHOSIS.

**Properties:**

Remarquably efficient on excess cholesterol.  
Long used in traditional medicine, Chrysantellum Americanum is extremely efficient in the treatment and prevention of vascular and hepatic ailments, with special mention for all lithiasis.

**Indications:**

Hepatic ailments and insufficiencies.  
Artery tonic.  
Obesity, plethora, gout, arthristis.  
Cholesterol (fast action).  
Venous diseases, varices etc.  
Phlebitis sequellae.  
Blood circulation.  
Artery tonic.  
Cirrhosis of the liver.

Synergic action with Ginkgo.  
Chrysanthellum is cholesterol's enemy.

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## COPALCHI

*Coutarea Latiflora*

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ANTIDIABETIC, FEBRIFUGE, WEIGHT LOSS, SUGAR DRAINER.

**Properties:**

The stem's bark contains couta reoside.  
Active against hyperglycemia.  
Febrifugal action.

**Indications:**

Some obesities caused by sugar abuse.  
Weight loss.  
Diabetes, hyperglycemia.  
Febrifuge.

Synergic action with germander for weight loss programs.  
Contraindication: Hypoglycemia.

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## DEVIL'S CLAW

*Harpagophytum Procumbens*

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ACUTE RHEUMATIC ATTACK, ASTEOARTHRITIS, SCIATICA, PAIN-KILLER FOR MUSCULAR ACHES.

**Properties:**

Anti-inflammatory (equal or even superior to phenylbutazone, but without side effects). Analgesic, antispasmodic. Strong antirheumatism. Hypoglycemic. Bile stimulant.

**Indications:**

Acute and chronic rheumatism plethora.

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## FIELD PANSY

*Viola Tricolor*

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DERMATOSIS, ECZEMA, ACNE, PSORIASIS, IMPETIGO, SORES, URTICARIA.

**Properties:**

Depurant.  
Congestion relief.  
Antipruriginous.  
Antisyphilitic (Camerarius).  
Tonic.

**Indications:**

Dermatosis: eczema, acne, psoriasis  
tinea, impetigo, sores, milk crust.  
Eczematized leg ulcers.  
Hemorrhoids.  
Herpes.  
Urticaria.  
Oliguria.  
Some nervous spasms.

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## FUCUS

### *Fucus Vesiculosus*

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OBESITY, WEIGHT LOSS (by glandular re-equilibrium), FATIGUE, ASTHMA, CELLULITIS.

#### Properties:

Vitamins C, B1, E, ergosterol, iodine, potassium, sodium, magnesium, calcium, iron silica, etc.  
Increases exchanges, stimulates the thyroid, the glandular functions, weight loss by fat absorption and stimulation.

#### Contraindications:

Hyperthyroid.  
Tachycardia (some).  
Stomach ulcers.

#### Indications:

About 6 capsules of 240/250 mg daily. Obesity.  
Obesity caused by glandular disorder.  
Menopause.  
Cellulitis.  
Goiter.  
Fatigue, anemia, some spasmophilias (caused by deficiency).  
Dermatosis.  
Asthma.

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## GARLIC

### *Allium Sativum*

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HYPERTENSION, CONTAGION, INFLUENZA, PULMONARY AILMENTS  
TACHYCARDIA.

#### Properties:

Intestinal and pulmonary antiseptic.  
Bacteriostatic and bactericide.  
Tonic.  
General cardiac tonic stimulant.  
Circulatory stimulant.  
Hypotensor.  
Glandular reequilibrium.  
Diuretic.  
Anti-gouty.  
Respiratory stimulant.

#### Indications:

Asthma, pulmonary emphysema.  
Bronchitis, influenza, cold, tobacco addiction.  
Arterial hypertension.  
Urolithiasis (calculus).  
Anti-gouty.  
Strong anti-infectious agent.  
Scarring.  
Blood circulation (varices, hemorrhoids).  
Some tachycardia.  
Leg edema.  
Ageing (Senescence).

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## GERMANDER

*Teucrium Chamaedrys*

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FAT ABSORBER, CELLULITIS, CHOLESTEROL, WEIGHT LOSS PROGRAMS.

**Properties:**

Tonic.  
Stomachic.  
Diuretic.  
Antiseptic.  
Vermifugal.  
Cholagogue.

**Indications:**

Weight loss programs.  
Cellulitis.  
Fat deposit elimination.  
Cholesterol.  
Convalescence.  
Atonic dyspepsia.  
Adenopathy.  
Infectuous disease.  
Rheumatisms, gout.

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## GINKGO

*Ginkgo Biloba*

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HEMORRHOIDS, VARICES, SERIOUS VENOUS INSUFFICIENCY, CAPILLARY WEAKNESS, CELLULITIS.

**Properties:**

Circulation activation.  
Antispasmodic.  
Vasodilator.  
Anti-inflammatory.  
Improves vein wall tonus.

**Indications:**

Venous insufficiency in lower limbs.  
Capillary permeability problems (edema, capillarity).  
Hemorrhoids.  
Cerebral and peripheral arterial circulation deficiency.  
Some cellulites.  
Varices.

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## **GINSENG**

### *Panax Ginseng*

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APHRODISIAC, TONIC, ANTI-AGEING, NERVE TONIC, MEMORY, INTELLECTUAL STIMULANT.

**Note :** Red Ginseng is much more potent than the more common white ginseng (cultivated). It is a much appreciated anti-ageing plant:

#### **Properties:**

Sexual stimulant.  
Nervous system stimulant.  
Intellectual stimulant.  
Activates exchanges with urica elimination.  
Major revitalizer.  
Pulmonary and cardiac tonic.  
Vasomotor.  
Stomachic.  
Analgesic (rheumatic pain).

#### **Indications:**

Impotency, frigidity.  
General, physical and intellectual fatigue.  
Convalescence.  
Pulmonary affection.  
Senescence.  
Tremor.  
Detoxification.  
Arteriosclerosis, vascular syndrome.  
Psychosomatic affliction.  
Depression.  
Remineralizer, fracture sequellae.  
Hypertension.

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## **GOLDENROD**

### *Solidago Virga-Aurea*

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HEPATIC AND RENAL DRAINER, ANTITOXIC (waste eliminator), DRUG DETOXIFICATION, URIC ACID ELIMINATION, (WASTE ELIMINATOR), TOBACCO DETOXIFICATION.

#### **Properties:**

Hepatic and renal drainer.  
Tobacco and drug detoxification.  
Promotes waste elimination.  
Diuretic antiseptic, uric acid elimination.  
Urinary tract sedative.  
Astringent.

#### **Indications:**

Urea and cholesterol excess.  
Urinary tract infections (colibacillosis, cystitis, nephritis).  
Urolithiasis.  
Oliguria.  
Gout.  
Dropsy.  
Albuminuria.  
Hepatism.  
Enterocolitis, newborn enteritis.  
Chronic eczema.

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## HAWTHORN

*Crataegus Oxyacanta*

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THE NATURAL CARDIAC TONIC, TACHYCARDIA, HYPERTENSION, HOT FLUSHES.

**Properties:**

Cardiac tonic.  
Hypotensor (by vasodilation).  
Antispasmodic.  
Febrifuge.

**Indications:**

Palpitations.  
Cardiac pains (angina pectoris).  
Vascular spasms.  
Tachycardia, arhythmia.  
Menopause congestive flushes (hot flushes).  
Hypotensor.  
Anxiety, dizziness, ear ringing.  
Heart stimulant.  
Coronary problems.

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## LAMINARIA

*Laminaria Flexicaulis*

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OBESITY, AGEING, CHOLESTEROL, GLANDULAR PROBLEMS, GENERAL TONIC, MENOPAUSE.

**Properties:**

Astonishing!  
Endocrine gland stimulant.  
Organic reequilibrium.  
Circulatory stimulant.  
Remineralizer.  
Weigh loss.  
Fat activator.  
Antiatherosclerous.  
Vitamins A,B,C,D,E, plus iodine and mineral salts.  
Oligo-elements, sodium, potassium, sulphur, magnesium, manganese, iron, zinc, copper.

**Indications:**

Glandular problems.  
Deficiency, general fatigue.  
Obesity.  
Hypercholesterolemia.  
Hypothyroid, myxedema.  
Childhood intellectual deficiency.  
Hypertension.  
Menopause.  
Senescence (premature ageing).  
Chronic-rheumatism, arthritis.  
Cholesterol.  
Testicular insufficiency.  
Enteritis.

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## MEADOW-QUEEN

*Spiroea Ulmaria*

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CELLULITIS, URIC ACID, UREA, RHEUMATISM, RETENTION.

**Properties:**

Diuretic, urea, uric acid and chloride elimination.  
Sudorific.  
Choleretic.  
Astringent.  
Febrifuge.  
Soporific (mild)  
Heart and gastric tonic.

**Indications:**

Retentions (all), ascites.  
Edema.  
Rheumatism, acute articular rheumatism.  
Oliguria.  
Arthritism.  
Urolithiasis.  
Cellulitis.  
Diarrheas.

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## PAPAYA

*Carica Papaya*

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PREVENTS WEIGHT GAIN AFTER DIET, BILIOUS ATTACK, PAINFUL OR SLOW DIGESTION.

**Properties:**

Very rich in vitamins A and C.  
A good source of calcium.  
Helps digest heavy fatty foods.  
Prevents fat absorption.

**Indications:**

Painful digestion.  
Following a diet  
Relieves liver.  
Bilious attack.  
Prevents weight gain.

O.B. One of the best digestives.

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## PERIWINDLE

*Vinca Minor*

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HYPERTENSION, MEMORY, CEREBRAL CIRCULATION, CERVICAL OSTEOARTHRITIS, MIGRAINES.

### Properties:

Cerebral vaso-dilator, vaso-regulator and oxygenator.

Improves coronary and peripheral circulations.

Tonic.

Hypotensor.

Antidiabetic.

### Indications:

Cerebral sclerosis, decrease in intellectual faculty, memory problems.

Senescence.

Cephalic symptom of arterial hypertension.

Arteritic syndrome.

Retina vascular problems.

Anorexia.

Cerebral-circulation.

Migraines.

Hypertension.

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## POLLEN

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REGENERATION, AVITAMINOSIS, DEFICIENCY, GROWTH, FATIGUE, SPASMOPHILIA, NERVOUS DEPRESSION, GENERAL DETOXIFICATION, MEMORY, OCULAR FATIGUE.

### Properties:

Contains the following amino-acids: aspartic acid, glutamic acid, alanine, arginine, cystine, glycol, histidine, isoleucine, leucine, lysine, methionine phenylalanine, proline, serine, threonine, tryptophane, tyrosine, valine. Eight of these are indispensable to life and health. Since the human organism is unable to produce these amino-acids on its own, it must get them from nourishment. Unfortunately, our eating habits provide very little of them.

### Vitamins contained in pollen:

B, B2, B3, PP, B5, B6, B7, B8, B9, B12, C, D, E, A.

### Indications:

Pregnancy, lactation, sports, exams, asthenia, convalescence, stress, anorexia, rickets, growth, bad dentition, colitis, amebic, colitis, various infections, intestinal fermentation, alcoholism, some impotencies, memory problems, osteoarthritis, some rheumatisms, weak fingernails, hair loss, ocular fatigue especially caused by tobacco or vitamin deficiency, tobacco addiction.

### Mineral substances and oligo-elements:

Calcium, chloride, copper, iron, magnesium, manganese, phosphorus, potassium, silicon, sulphur.



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## SPIRULIN

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IMPOTENCY, FRIGIDITY, DEPRESSION, SURVIVAL FOOD, HORMONAL FORTIFIER, AGEING, SEXUAL TONIC NUTRIENT.

### Properties:

Contains 70% vegetal protein 8% amino-acids, vitamins A, C, F, B12, the latter in very high quantity, 250 times more than in beef liver. Spirulins also contain mineral salts, oligo-elements, beta-carotene, xanthophyll, iron, calcium, phosphorus etc. Promotes hormonal and sperm production.

Particularly effective when combined with Ginseng and Royal Seng 2 to 3 month treatment, daily dosage of 6 capsules.

Warning: Extended use of spirulin may provoke excessive sexual appetite in both men and women.

N.B. Recognized by the U.S.A. Food and Drug Administration, it is included in the American Army's survival foods. It allows survival under extreme conditions without severe problems.

Spirulin is also amazingly known to greatly increase sexual activity (in men and women) in a spectacular way. It is not an aphrodisiac but a powerful stimulant solving 70% of impotency cases.

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## VALERIAN

*Valeriana Officinalis*

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ANTISPASMODIC, NERVE EQUILIBRIUM, TOBACCO DETOXIFICATION STOPPAGE, TRANQUILIZER, ANXIETY, SPASMOPHILIA, TACHYCARDIA.

### Properties:

Medication for nerve equilibrium.  
Nerve sedative.  
Antispasmodic, anticonvulsant.  
Reduces tension and anxiety during detoxification (tobacco or alcohol)  
Limits anxiety.

### Indications:

Spasmophilia, anxiety (indicated in spasmophilia associated with remineralizers).  
Synergic action with ginseng.  
Neurasthenia, depression.  
Tachycardia.  
Psychic hyperexcitability.  
Insomnia.  
Hot flushes.  
Nervous asthma.

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## WILD LINDEN SAPWOOD.

*Tillia Sylvestris*

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ARTHRITIS, RHEUMATISM, URIC ACID, CELLULITIS, LIVER.

**Properties:**

Uric acid solvent.  
Diuretic.  
Hepatobiliary and urinary drainer.  
Hypotensor.

**Indications:**

Hepatitis.  
Cholelithiasis and nephrolithiasis.  
Albuminuria.  
Gout, rheumatism, arthritis.  
Uric acid excess.  
Cellulitis.

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## WINE GRAPE

*Vitis Vinifera*

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CIRCULATION, VARICES, HEMORRHOIDS, HEAVY LEGS.

**Properties:**

Venous and capillary tonic.  
Blood circulation regulator.  
Astringent.  
Diuretic.

**Indications:**

Circulation problems.  
Heavy legs.  
Phlebitis sequellae.  
Menopausal problems.  
Varices, hemorrhoids.  
Painful menstruations.  
Oliguria.  
Some diarrheas.

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## Y-ELEUTHEROCOCCUS

*Eleutherococcus Senticosus*

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APHRODISIAC, IMPOTENCY.

**Properties:**

Aphrodisiac.  
Vasodilation and blood circulation of sexual organs.  
Hypotensor.

**Indications:**

Impotency.  
Hypertension.  
Weak erection.  
Chilblains.  
Chronic constipation.  
Pelvic circulation.

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**Contraindications:**

Tachycardia.  
Renal Insufficiency.  
Dysentery.  
Maximum dosage: 2 to 4 dosed capsules.

## **ROYAL-SENG**

Royal-Seng is the end result of research aiming at the production of a substance derived exclusively from plants, with multiple uses and proven effectiveness.

Royal-Seng (a food supplement) is made up of three ingredients, namely: top quality Chinese red ginseng, Royal jelly whose reputation requires no other corroboration, kola nuts, one of the best available stimulants.

Red ginseng is an anti-agoing and regenerating agent. Royal jelly, well known for its revitalizing properties is further enhanced by the addition of kola which precipitates the actual potential of both the ginseng and the Royal jelly.

### **Properties:**

Muscular tonic.  
Remineralizer.  
Aphrodisiac.  
Tissue regeneration.  
Pulmonary tonic.  
Toxin elimination.  
Nervous tonic.  
Senescence, any premature ageing problem.  
Metabolism and glandular system activation.  
(See ginseng and kola nut properties).

### **Indications:**

General fatigue.  
Physical training.  
Strong aphrodisiac.  
Impotency.  
Frigidity.  
Senescence.  
Depression, stress, asthenia, convalescence.  
Spring and Fall syndrome.  
Increase in physical, psychological and sexual endurance.  
Detoxification.  
Influenza and cold preventive.

### **Contraindication:**

Hyperthyroid, some insomnias, persistent fevers. Synergic action with spirulin for sexual problems, impotency, frigidity, physical training.

**Caution:** Royal-Seng may in some cases provoke excessive sexual appetite when used in conjunction with Spirulin. Caution should definitely be used. Never administer to children under thirteen.

Average daily dose is 6 capsules taken two at a time three times daily.

**Top quality products guaranteed 100% pure  
directly to you without intermediaries**

**Plant capsules  
60 capsules in a box**

Plant name	Unit price per box	Qty (no of boxes)	Plant name	Unit price per box	Qty (no of boxes)
Ananas	\$22		Germander	\$20	
Artichoke	\$20		Ginkgo	\$20	
A-Plantain	\$20		Goldenrod	\$20	
Balm	\$20		Hawthorn	\$20	
Bilberry	\$20		Laminaria	\$20	
Birch	\$20		Meadow-Queen	\$20	
Bird's-Foot Trefoll	\$20		Papaya	\$20	
Brewer's Yeast	\$20		Periwinkle	\$20	
Chrysantellum	\$20		Pollen	\$20	
Copalchi	\$20		Royal-Seng	\$35	
Devil's Claw	\$20		Spirulin	\$22	
Field Pansy	\$20		Valerian	\$20	
Fucus	\$20		Wild Linden	\$20	
Ginseng White Panax	\$20		Sapwood		
Ginseng Red	\$28		Wine Grape	\$20	
Garlic	\$20		Y-Ellechterococcus	\$28	

*Free postage and handling fees  
for any order above \$50.*

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 money order   
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 Visa   
 MasterCard

**TOTAL**  
 \$3. postage and  
 handling fees  
 C.O.D. + \$3.50  
**GRAND TOTAL**


N° \_\_\_\_\_ Exp. date \_\_\_\_\_

Signature \_\_\_\_\_

Mail your order form or facsimile to:

Medicinal Plant Distribution, P.O. Box 1229, Station Q, Toronto, Ont., M4T 2P4

Name ..... First name .....

Address .....

Town ..... Postal code .....

Province .....

**Note: our products are subjected to rigorous pharmaceutical control**

We accept orders by FAX:

**(416) 947-0862**

only Visa - Master Card - C.O.D.

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**For any other inquiry please write to:**

**Medicinal Plant Distribution**

**P.O. Box 1229, Station Q**

**Toronto, Ont., M4T 2P4**

# WARNING!

## Avoid losing weight too quickly!

We advise you to follow the recommended dose carefully for each type of medicinal herb. If you increase the dosage, you could lose weight too quickly.

## Prevent excessive sexuality!

The prolonged use of specific medicinal herbs may provoke excessive sexual activity in men as well as women. Follow the recommended dose.

«Plants freely offer us more new associations than what all the chemists of the world could never synthesized in a thousand years of efforts... Not only associations made from plants are infinitely more various than those which are offer today, but they are often better tolerated by the body because they are the result of the natural product of life chemistry...»

*Dr. Alfred Taylor*  
University of Austin (Texas)

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